



# EXPERIENCES

*Cungi*

*Cantone*

*Sant'arsa*

*Vallorosa*

[www.laconca.it/en](http://www.laconca.it/en)

*inside the park*

INSIDE THE AGRITURISMO LA CONCA'S PRIVATE PARK OF 300 HECTARES IS POSSIBLE TO CARRY OUT A VARIETY OF FUN ACTIVITIES



**TREKKING**

Explore the private Park of 300 acres



**JEEP TOUR**

Go wild with an off-road tour!



**TREE HOUSE**

Live in the middle of the woods in a real tree house!



**BIKE**

MTB or E-bikes rental with GPS



**FISHING**

Go fishing in our private Lake



**SHOP**

In La Conca you will find a little shop of local products

*in Villa*

**TASTINGS**

Meet enthusiastic olive oil, wine and local products producer



**CHEF IN VILLA**

Have an Italian chef to cook for you in Villa, just seat and eat!



**BREAD & BREAKFAST**

Fresh bread and breakfast delivery in Villa



**FOOD DELIVERY**

Food and beverage delivery in Villa



**PHOTOGRAPHER**

Immortalize the best Tuscan moments!



**STAY HEALTHY**

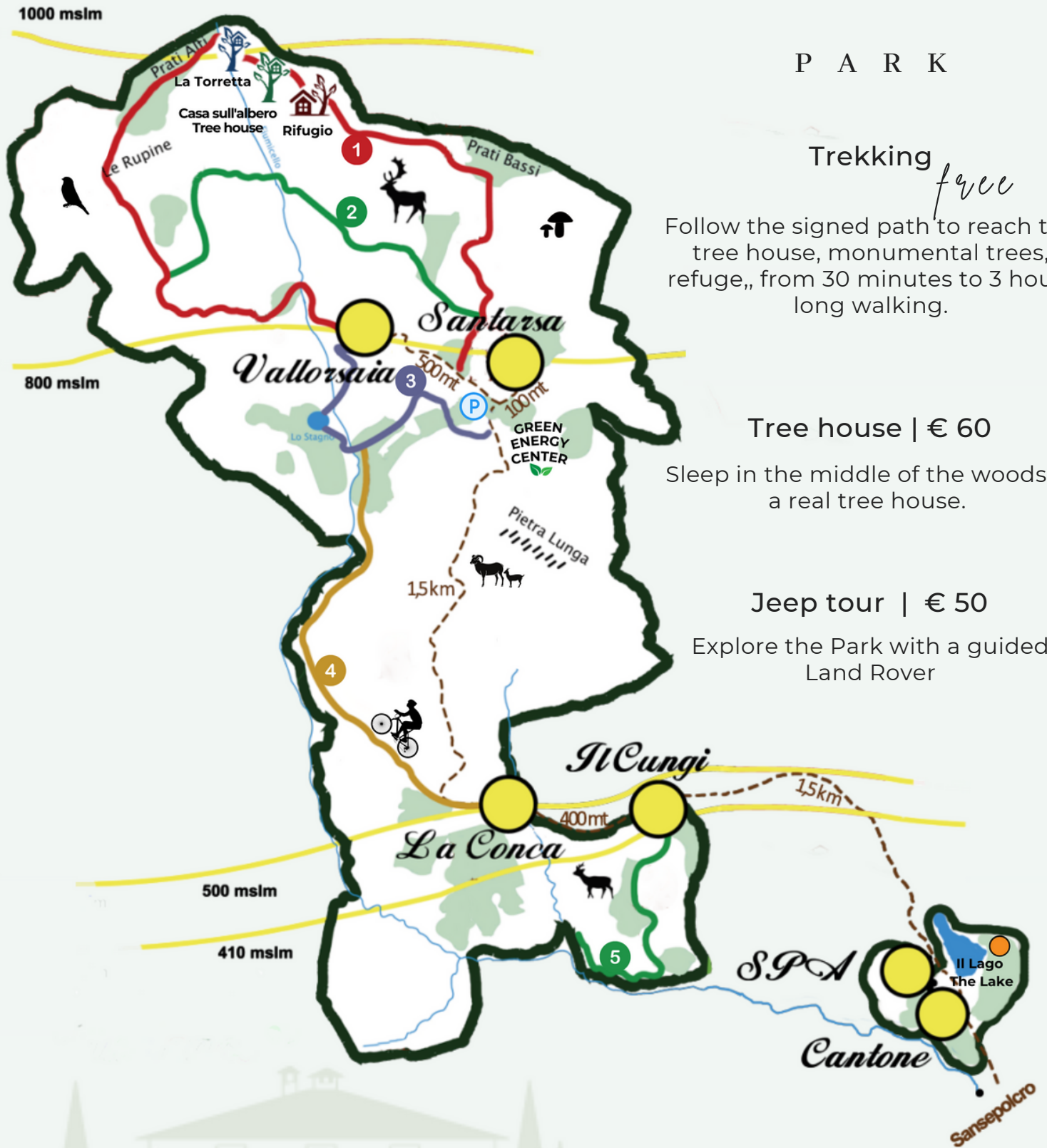
Yoga teacher and personal trainer available.



**MASSAGES**

A professional masseur will come in the privacy of your Villa





**P A R K**

Trekking *free*

Follow the signed path to reach the tree house, monumental trees, refuge,, from 30 minutes to 3 hours long walking.

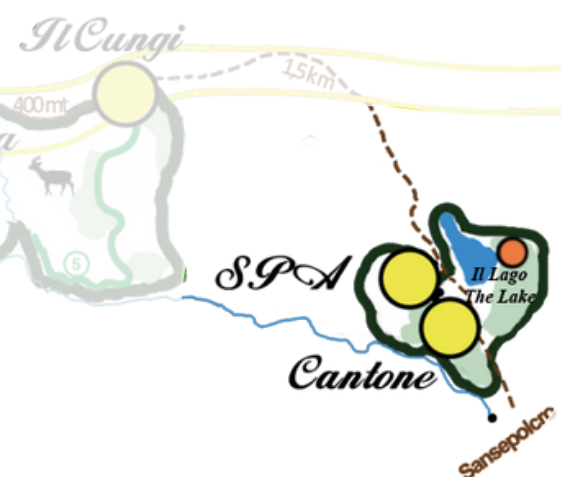
Tree house | € 60

Sleep in the middle of the woods in a real tree house.

Jeep tour | € 50

Explore the Park with a guided Land Rover

-   
**PARCHEGGIO AUTO**  
**CAR PARKING**
-   
**IMPEGNATIVO**  
**CHALLENGING**  
 3h
-   
**MEDIO**  
**AVERAGE**  
 1h 30 min
-   
**FACILE**  
**EASY**  
 45 min
-   
**MEDIO**  
**AVERAGE**  
 1h
-   
**FACILE**  
**EASY**  
 30 min
-   
**MEDIO**  
**AVERAGE**  
 1h 20 min



Located in the lower part of the Park, in front of Villa Cantone & SPA there is our lake.

Born as a sport fishing lake, rich in various breeds of fish, from small to very large.

The main ones are: pumpkinseed, largemouth bass, carp and herbivorous carp. Small ones are easy to catch even by the less experienced people.

For the most expert fishermen is also possible to do fly fishing in the *river Tiber*

## HOW AND WHERE RENT THE EQUIPMENT

### PESCA STORE

Address: Viale Osimo, 9 Sansepolcro

Opening hours:

From Monday to Friday 8.00-12.30/14.30-19.30

Saturdays: 8.00-13.00/14.00-19.30 Sundays: 6.30-9.30

#### ROD RENTAL COST

Spinning or carp rod 10 € per day

Children rod 5 € per day

Fly fishing rod 37 € per day

Discount for more days rentals

The price includes fishing rod assembled and box with scissors.

Fishing lures and fishing parts not included in the price, can be purchased in the store.

English speaking guide for fly fishing: 1 day

150 € / half day 100 €

## Wine

### CINQUE VIE

	1,5 lt	0.75 lt
Red	€ 8	€ 6
White	€ 8	€ 6
Rosè		€ 6
Prosecco Sparkling white wine		€ 8
Vinsanto Sweet wine		€ 8

### LA PALÈRNA

Pinot nero CIMENTO	€ 21
Red COSPAIA1441	€ 18
Red ROSSO DI VALDIMONTE	€ 9
Rosè ROSA DI MARTINO	€ 9

### BIOLOGICO

Red Chianti organic wine	€ 7
--------------------------	-----

### BEERS

	66 cl
Italian Moretti or Peroni	€ 2

## Typical products

Mushrooms/Truffles Tagliatelle 5€

La Conca's Oil from 10 € lt

Grappa 25€

Lavender essential oil 10 €

Cantuccini from 4€

Pasta from 3 €

Truffle pesto sauce 5,50 €

Mushrooms and Truffles sauce 4 €

Organic Honey from 8 €

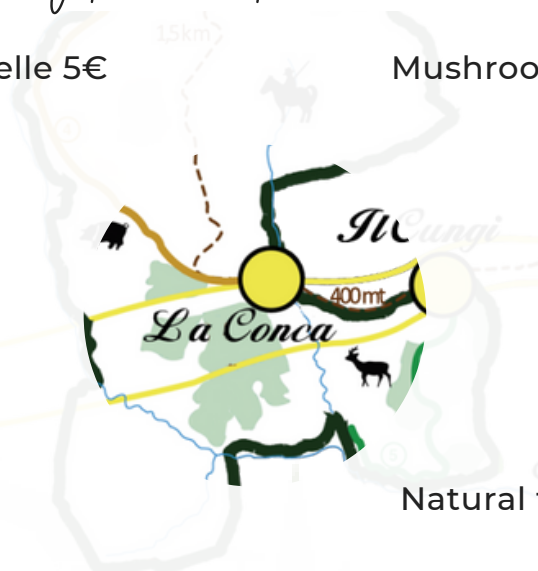
Ragu ' 5,50 €

Tomato sauce 2,50 €

Pesto sauce 5 €

Spicy herbs 2,50 €

Natural face/body cream from 7 €



### OPENING HOURS

EVERYDAY 9am-6pm

[www.laconca.it/en](http://www.laconca.it/en)



## C H E F   I N   V I L L A

### PIZZA NIGHT

Typical Tuscan appetizers with cold cuts, bruschetta and chef's delicacies

Pizza cooked in the wood fired oven of your Villa with the possibility to create your own pizza!

Cantucci and Vinsanto as dessert  
-Typical dry biscuits with sweet wine-

26 €

### COOKING CLASS

The Italian chef will come and teach you the traditional Italian hand-made Pasta and the typical Tuscan antipasti.

The class starts either in the morning at 10:30 am or in the afternoon at 4:00 pm and ends with lunch or dinner.

Appetizers + 2 different types of Pasta with combined sauces

30 €

### LIGHT MENU

Penne pomarola and basil  
Capocollo (pork meat) with balsamic vinegar and garlic spinach

or

Tuscan appetizer

Beef tagliata and salad

or

Summer panzanella and salad with pickled vegetables

Fusilli pasta with zucchini flowers, tomatoes and milk cream

24 €

### TUSCAN MENU

Mixed hot and cold Tuscan  
Seasonal appetizers

Lasagne with meat ragù

Mixed roast and grilled potatoes

27 €

*tasting menu*

**NEXT →**

Dessert: Tiramisù, Torta della nonna, Zuppa inglese. 3€ per person.

Price includes: Service, waiter, table set up, cleaning. Drinks excluded.

Children under 3 years for free , children from 3 to 10 years 15 €.

-CHEF WOULD BE HAPPY TO AGREE A SELF TAILORED MENU-

CANCELLATIONS UP TO 48 HOURS IS FOR FREE,

PENALTY OF THE 50% OF THE COST FOR CANCELLATIONS FROM LESS THAN 48 HOURS.

MINIMUM COST FOR CHEF IN THE VILLA SERVICE: 350 €

BANK TRANSFER OR CREDIT/DEBIT CARD PAMENT+ 5%

### HOW TO BOOK

WHATSAPP +39 331 4363785 e-mail: info@laconca.it

Please specify: How many adults / chilren Day and time Villa name Allergies/Intolerances



C H E F I N V I L L A

*tasting menu*

## LA CONCA'S DINNER

*pork menu*

Pork cold cuts board (finocchiona, salami, mortadella, ham, dry sausages) with pecorino cheese

Tagliatelle al tegamaccio  
-Pork knife cutted ragu with tomatoes-

Roasted Porchetta with wild fennel  
Filed salad

Mascarpone creamy dessert

30€

## RAVIOLI

*Handmade*

Bruschetta appetizers

2 courses of ravioli with different fillings and combined sauces

Creamy and dry dessert

28 €

## TRUFFLE DINNER

*The King*

Fried egg with truffle

Gnocchi with black truffle

Angus tagliata with truffle  
Roasted potatoes

"Truffle" sweet dessert

40 €

## FIorentina STEAK

*The Queen*

Tuscan seasonal appetizers

Fiorentina steak cooked in the barbecue

Tuscan beans with sage

Mascarpone cream dessert

35 €

Dessert: Tiramisù, Torta della nonna, Zuppa inglese. 3€ per person.

Price includes: Service, waiter, table set up, cleaning. Drinks excluded.

Children under 3 years for free , children from 3 to 10 years 15 €.

-CHEF WOULD BE HAPPY TO AGREE A SELF TAILORED MENU-  
CANCELLATIONS UP TO 48 HOURS IS FOR FREE,

PENALTY OF THE 50% OF THE COST FOR CANCELLATIONS FROM LESS THAN 48 HOURS.

MINIMUM COST FOR CHEF IN THE VILLA SERVICE: 350 €

BANK TRANSFER OR CREDIT/DEBIT CARD PAMENT+ 5%

## HOW TO BOOK

WHATSAPP +39 331 4363785 e-mail: info@laconca.it

Please specify: How many adults / chilren Day and time Villa name Allergies/Intolerances



C H E F I N V I L L A

# Breakfast

## SWEET

Coffe  
Milk  
Te  
Fruit  
Yogurt  
Fruit Juice  
Croissant  
Sweet pie  
Jams  
Fresh bread  
Butter

10 €

## CONTINENTAL

### SWEET BREAKFAST +

Eggs  
Bacon  
Fresh Tomatoes  
Salami  
Mortadella  
Fontina cheese

15€

## BRUNCH

Salad  
Tuscan Panzanella  
Cold cuts  
Fresh bread  
Cold pasta  
Sweet Pie  
Coffee  
Milk and te

20€

Price includes: Service, waiter, table set up, cleaning.  
Children under 3 years for free.

CANCELLATIONS UP TO 48 HOURS IS FOR FREE,  
PENALTY OF THE 50% OF THE COST FOR CANCELLATIONS FROM LESS THAN 48 HOURS.

MINIMUM COST FOR CHEF IN VILLA SERVICE: 80 €

BANK TRANSFER OR CREDIT/DEBIT CARD PAMENT+ 5%

## HOW TO BOOK

WHATSAPP +39 331 4363785 e-mail: info@laconca.it

Please specify: How many adults / children Day and time Villa name Allergies/Intolerances





# BREAD AND BREAKFAST *delivery*

## BREAD DELIVERY SERVICE TO THE VILLA

### CROISSANTS 1.50 € each

- Empty
- Chocolate
- Jam
- Cream

### FLATBREADS 13 € per kg

- Salty
- Tomatoes
- Corn
- Rosemary

### CAKES

- Pie (Crostata) 13 € per kg (1 kg portions)
- Tiramisù 5 € per portion

### BREAD

- Baguettes 1.70 € each
- Sandwich 90 gr 1 € each
- Wholemeal sandwich 80 gr 1,50 € each
- Salty bread (ciabatta) 1,20 € each
- Wholemeal bread 180 gr 2 € each
- Tuscan bread (no salt) 2.70 € per kg

### PIZZA (1 kg 10 portions)

- Margherita 14 € per kg
- Mushrooms 16 € per kg
- Salami 16 € per kg

Pizza dough 5 € per kg (1 kg 4 pizzas)

Lasagne / Savory pies / Rice salad / Spelled salad / Rice salad with fish / Turkey breast / Pork loin 5 € per person Roast beef 6 € per person

Pan-fried courgettes / green beans / boiled potatoes with yogurt sauce € 5 per person

Sandwiches stuffed with cold cuts and / or cheese € 3.50 per sandwich

Possibility to deliver coffee in thermos, cold cuts, yogurt, milk, fruit juices, cereals...

Full breakfast delivery option:

Croissant, mixed cold cuts and cheese, bread. Coffee, Milk, yogurt and fruit.  
8 € per person

## HOW TO BOOK

WHATSAPP MESSAGE

+39 333 3575147

The order should be made at least  
the day before within 6.30pm

**Sunday deliveries to be ordered  
within friday by 6.30 pm**

The breakfast delivery take care  
between 8.00am and 9.00 am.

Please specify Villa name

Orders under 15 €

Delivery fee of 3 €



## RESTAURANTS & SUPERMARKETS

10% OFF

TRATTORIA DAI BRINZELLONI	Friorentina steak and grill meat Tel. + 39 0575 742017 Closing day: Tuesday Sansepolcro town center
OSTERIA IN ABOCA	Al fresco dining available Tel. + 39 0575 749125 Closing day: Monday Sansepolcro Aboca
OSTERIA IL GIARDINO DI PIERO	High quality - Organic food Tel. + 39 0575 733119 Closing day: Monday Sansepolcro center
L'INCANTO	Restaurant, pizzeria and antiques Tel. + 39 0575 742411 Open at dinner, closed on Mondays Sansepolcro north
RISTORO CALISTI	Al fresco dining available Tel. + 39 333 1874689 Open at dinner on weekends Sansepolcro Frazione Montagna
IL CERRO	Special truffle and mushrooms Tel.+ 39 0575 793923 Closing day: Monday Caprese Michelangelo
ROSTICCERIA TRATTORIA L'OCA GIULIVA	Restaurant, takeaway, home delivery. 10:30am- 2:00pm / 6:00pm- 10:00 pm Tel. + 39 0575 081616 Closed on Mondays Sansepolcro - Porta Romana

## SUPERMARKETS

DICO  
Zona Ind. Fiumicello 2  
Mon-Sat 8 am 8 pm  
Tel + 39 0575 741389  
Grocery delivery  
e-mail:  
ordini.antonellisrl@gmail.com

COOP  
Mon-Sat 7.30am 8.30 pm  
Sunday 8.30 am 1.30 pm  
Tel + 39 0575 750899  
pizza and ready meals

PAM  
Mon-Sat 7.45 am 8.30 pm  
Sunday 9,00 am 8 pm  
Tel + 39 0575 735493  
Located in the shopping  
centre: Shops, Pharmacy,  
Bank, Food..

PENNY MARKET  
Mon-Sat 8 am 8 pm  
Sunday 8,30am 1 pm  
Tel. + 39 0575 750337  
10% discount to the  
butcher's corner

GALA  
Mon-Sat 8am 8.30 pm  
Sunday 8am 8 pm  
Tel + 39 0575 749944

## BAR AND PASTRY CHIELI

Tel. + 39 0575 742026  
Closing days: Sunday afternoon and Monday  
Lunch and aperitif as well  
To whom that order a birthday cake, 10% off  
Sansepolcro town center

## BUTCHER SHOP MARTINI

Tel. + 39 0575 742310  
Closed on Sundays and Mondays  
Local meat, take-away food and  
roast pork "Porchetta".  
In Sansepolcro town center



# TASTINGS IN VILLA

wine, oil and food

## WINE TASTING

### *la Palèrna*

Tasting of 3 wines with english speaking sommelier:  
Red wine rosso Valdimonte  
Red wine Cospaia 2018 - best umbrian wine  
White sparkling wine

Olive oil bruschetta, cheese and salami in combination

25 € per person

90 minutes long tasting

## OLIVE OIL AND LOCAL PRODUCTS

### *Tasting*

Meet enthusiastic and quality oriented olive oil producer ready to share their passion and knowledge.

Taste the real Extra Virgin Olive Oil

OLIVE OIL TASTING IN VILLA

5 € per person

LOCAL PRODUCTS & OIL TASTING

15 € per person

Min 12 people

## HOW TO BOOK

WHATSAPP MESSAGE at +39 331 4363785 e-mail: info@laconca.it  
Please specify: How many people – Day and time – Villa name

[www.laconca.it/en](http://www.laconca.it/en)



## M A S S A G E S

To complete the relax of your stay in our beautiful Villa you can enrich your holiday with Massages directly to your house, by the pool too. The treatments are carried out by the teacher graduated Csen holistic and President of the Academy holistic Oasiverde Zen of Sansepolcro

### Relax Massage | € 40

Popular general-purpose system of de-stress massage

### Thay Yoga massage | € 50

Bodywork that combines Yoga movements and physical pressure

### Californian Massage | € 40

Natural oils to enhance psychological and physical health

### Bamboo Massage | € 50

Anti-cellulite action with the use of bamboo rods

### Thai foot Massage | € 50

encourage body and mind balance thanks to the pressure of specific reflex point

### Hot Stone Massage | € 60

Natural therapy in which warmed stones are used

### Indian Head Massage | € 25

Help increase joint mobility and flexibility in the neck and shoulders

### Body acupressure | € 40

Uses pressure points of your body to promote wellness

### Energizing Massage | € 40

Full-body, deep-tissue, holistic treatment

### Sport Massage | € 50

Helps improve blood and lymph circulation, muscle relaxation and general relaxation.

50 minutes long massages with the exclusion of Indian head massage that lasts 30 minutes and requires long hair.

The masseur will be glad to suggest the best massage for you.

if only one massage is required 10 € extra will be applied

## HOW TO BOOK

WHATSAPP MESSAGE at +39 331 4363785 e-mail: info@laconca.it  
Please specify: How many massages – Day and time – Villa name

[www.laconca.it/en](http://www.laconca.it/en)



# YOGA & FITNESS

with *Elvis-Gjerci*

A REAL PERSONAL TRAINER RECOGNIZED BY CONI

HOLDER OF 3 WORLD GUINNESS RECORDS

PROFESSIONAL PERFORMER

buddyfit TRAINER

## *services*

Yoga  
Functional Training  
Muscle awakening  
Calisthenics  
Postural re-education  
Gentle Gymnastics  
TRX Training

## *costs*

Small group: from 4 to 6  
€30 / Person  
Medium Group: from 7 to 10  
€25 / Person  
Group: over 11  
€20 / Person

## DETAILS:

<https://bit.ly/YOGAWITHELVIS>

## HOW TO BOOK

WHATSAPP MESSAGE at +39 331 4363785 e-mail: [info@laconca.it](mailto:info@laconca.it)  
Please specify: How many people – Day and time – Villa name

[www.laconca.it/en](http://www.laconca.it/en)



P H O T O G R A P H E R

Andrea Settanni

Book a a talented photographer for a few hours  
who will deliver to you long-lasting memories of your Italian holiday!

*"Hi!*

*My name is Andrea Settanni and I am a photographer  
based in Tuscany.*

*I worked for several events and collaborate with so  
many people during the years and I am most happy to  
be at your disposal to capture the best moments of  
your Tuscan vacation. "*

PHOTOGRAPHER AT YOUR  
DISPOSAL  
FOR 2 HOURS

200 €

PHOTOGRAPHER AT YOUR  
DISPOSAL  
FOR 3 HOURS

250 €

### HOW TO BOOK

[www.andreasettanni.com](http://www.andreasettanni.com)

[andreasettanni.photography@gmail.com](mailto:andreasettanni.photography@gmail.com)

Please specify:

Day and Time – Event - Villa name – How many people

[www.laconca.it/en](http://www.laconca.it/en)



## AROUND LA CONCA

### HORSE RIDING

25 € per person per hour  
Reduction for longer trekkings.

Helios di Lorna Cangì  
Address: Via Vilalba Bassa, 30 Pieve  
Santo Stefano – 15 minutes drive

### HOW TO BOOK

Mrs. Lorna Whatsapp:  
+39 333 4007493  
Please specify:  
Day and time – Riding  
experience - Age

### HOW TO BOOK

[info@hikeandbikeitaly.com](mailto:info@hikeandbikeitaly.com)

Whatsapp +39 338 9398939

<http://hikeandbikeitaly.com>

Please specify:

Day- Height

### BIKE RENTAL

MTB - HYBRID BIKE – E-BIKE

From 20 € per day  
Delivery and pick up in Villa

### CANOEING AND OTHER LAKE/RIVER ACTIVITIES

### VISITING LOCAL FARMS

### ART AND HISTORY GUIDED TOURS

### SHOPPING TOURS

[www.laconca.it/en](http://www.laconca.it/en)

## open markets

### Tuesday - Sansepolcro

Every Tuesday morning from 8am to 12.30 pm in Sansepolcro main street Via XX settembre open market of clothes and food.

### Wednesday - Anghiari

Every Wednesday night from 8 pm till midnight music and handmade banquets in Anghiari

### Friday - Sansepolcro

Every Friday night from 8 pm till midnight markets, street food, street music in Sansepolcro

## best Villages nearby

Sansepolcro

Anghiari

Arezzo

Citerna

Cortona

Città di castello

Gubbio

Assisi

Siena

Perugia

Florence (From Arezzo train to the center of Florence )

Montone

Monte Santa Maria Tiberina

La Verna

MAP

SANSEPOLCRO

VALTIBERINA



scan the QR CODE  
or click here

<https://me-qr.com/l/mappa>





*Cungi*

*Cantone*

*Santarsa*

*Vallorsaja*

[www.laconca.it/en](http://www.laconca.it/en)